

Vocabulary

A Choose the correct word.

- The tribe lived in a(n) village in the mountains.
A lonely C alone
B secluded D sheltered
- Freegans only consume goods found in bins.
A damaged C discarded
B outdated D worn out
- Tonnes of food go to landfill every year.
A edible C intact
B recyclable D reusable
- New York is a(n) city with many shops.
A alert C alive
B active D bustling
- I can't wait to into this delicious meal!
A seal B tuck C draw D wrap
- I managed to my friend to come on the trip.
A assume C prove
B change D convince
- The children were afraid of the animals and each new creature was met with
A terror C wonder
B panic D suspicion
- Freegans choose to for food as opposed to paying for it.
A explore C scavenge
B hunt D inspect
- On the plane to France, I sat in a(n) seat.
A hall B passage C aisle D alley
- We the dumplings by placing them above boiling water for 15 minutes.
A roasted C baked
B fried D steamed

B Circle the correct word.

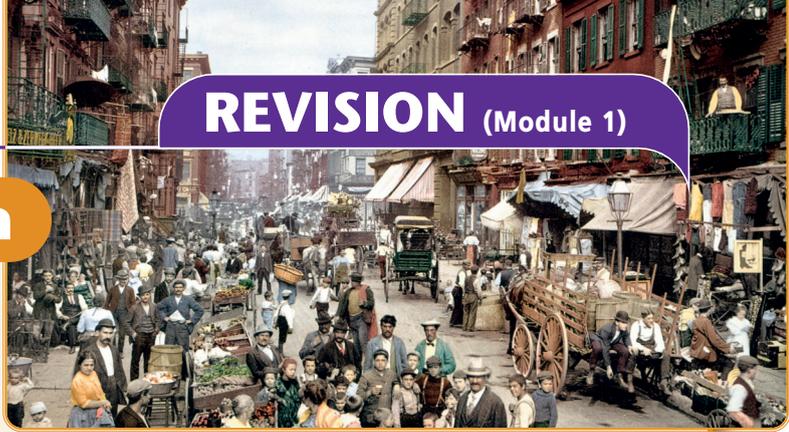
- Upon meeting the tribe, I was **struck** / **beat** by their elaborate garments.
- Nico is now a **steady** / **permanent** British resident.
- I am **attracted** / **tempted** to try out the freegan lifestyle for myself.
- Many migrants moved to America in the **search** / **pursuit** of wealth and happiness.
- Her hurried walk gave the **impression** / **image** that she was running late for a meeting.

Grammar

C Choose the correct item.

- Steve around Brazil for the last 2 weeks.
A travels C is travelling
B has been travelling D travelled
- The the house, the more expensive it is to heat.
A big C bigger than
B bigger D biggest
- We in traffic while the workers were repairing the road.
A wait C had waited
B were waiting D are waiting
- Sue of joining a community sharing programme.
A is going to think C is thinking
B will think D thinks
- People are driving faster and with no regards for the speed limit.
A more fast C fastest
B faster D fast
- Don't you think the neighbours a bit strange these days?
A are acting C acted
B act D had acted
- Paula isn't here. She to school.
A has been C had gone
B has gone D had been
- They the house before the tenants arrived.
A clean C had cleaned
B were cleaning D have cleaned
- Carol a garden party this Saturday.
A is having C has
B had D has had
- Someone behind me and now I can't get my car out of the lot!
A parks C has parked
B had parked D was parking
- This flat great; let's rent it.
A is looking C looks
B looked D has looked

Discovering America



When I say that my first view of New York Bay struck me as something not of this Earth it is not a figure of speech. I vividly recall the feeling with which I greeted the first cat I saw on American soil. A large, black feline stood in a corner, eyeing the crowd of newcomers. The sight of it gave me a thrill. "Look!" I said to Gitelson, my newly acquired companion. And in my heart I added, "Just like those at home!"

We were ferried over to Castle Garden, where the harsh manner of the immigration officers was a grievous surprise to me. As contrasted with the officials of my homeland, those of America had been portrayed in my mind as models of refinement. My anticipations were proven false. These unfriendly officials flavoured all of America with an icy inhospitality that sent a chill through my soul. However, we had no difficulty in being admitted to the United States.

Many of the other immigrants were met by relatives, friends. There were cries of joy, tears, embraces, kisses. All of which intensified my sense of loneliness. Gitelson, who like myself had no friends in New York, never left my side. It seemed as though he were holding on to me for dear life.

"Cheer up!" I said joyfully. "America is no place to be a coward. Come; pull yourself together." I led the way out of the station, across Battery Park and under the railway to State Street. The active life of the strange city made me feel like one abandoned in the midst of a jungle. But the presence of Gitelson encouraged me. I mustered the bravery to approach a policeman, something I would never have done at home. However, my efforts to communicate were lost on him. With a grimace, he pointed in the direction of Broadway and strutted off majestically.

At this moment a voice hailed us. Facing about, we saw a middle-aged man. Prosperity was written all over his face

and body, but he was unmistakably one of our people. Still, his very diamonds somehow told a tale of former want, of a time when he had landed, an impoverished immigrant like myself; and this made him a living source of encouragement for me.

"You're a tailor, aren't you?" he asked, his eyes eagerly fixed on Gitelson. My companion nodded. "Well come along; I have work for you," he smiled. And then turning to me, "You have no trade, have you?" I shook my head. "Any relatives here? Well, don't worry. If a fellow isn't lazy he has no reason to be sorry he came to America."

We continued our walk past Bowling Green, with the stranger and Gitelson absorbed in conversation. The trim-looking crowds of lower Broadway impressed me as a multitude of counts, barons, princes. I was puzzled by their preoccupied faces and hurried step, which seemed at odds with their general high-born appearance. When we finally reached the post office, the bejewelled man turned to me, "Walk straight ahead," he said, waving his hand toward Park Row. "It isn't far from here." With that, he slipped a silver quarter into my hand and made Gitelson bid me goodbye. The two then boarded a big red horse-car.

I stood watching the receding vehicle with a sickening sense of abandonment. The grey hair of my timid companion haunted my brain as a hideous symbol of disloyalty. Then, with twenty-nine cents in my pocket, I set forth in the direction of East Broadway.

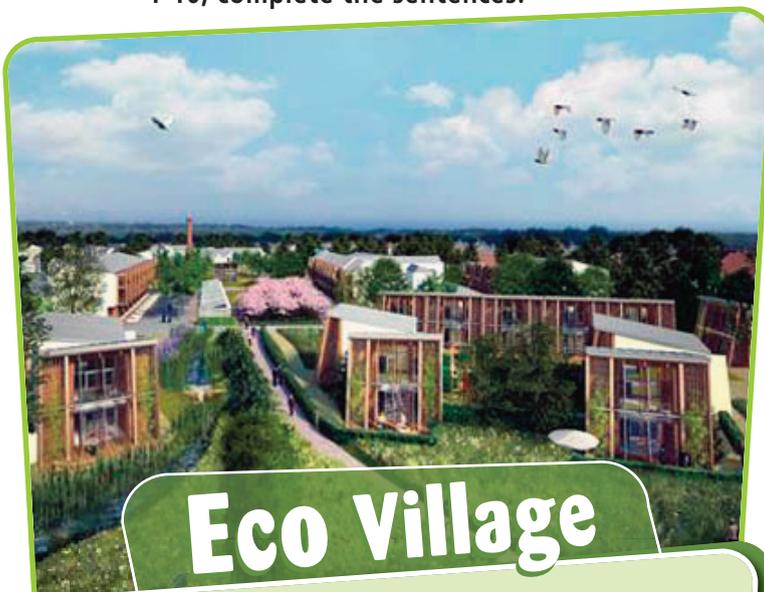
Adapted from *The Rise of David Levinsky* by Abraham Cahan

Reading

D Read the excerpt from a novel. For questions 1-8, choose the answer A, B, C or D.

- The word 'it' (line 5) refers to
 A New York Bay C the crowd
 B a black cat D his home
- What impression did the writer have of American officials?
 A They were polite. C They were lenient.
 B They were rude. D They were strict.
- How does the writer feel after being admitted to America?
 A emotional C isolated
 B excited D frightened
- In paragraph 4, what effect did Gitelson have on the narrator?
 A He made him laugh. C He motivated him.
 B He worried him. D He angered him.
- How does the writer describe the stranger?
 A He was poor. C He was a successful immigrant.
 B He was a friend. D He was a worthy employer.
- According to the stranger what is necessary to succeed in America?
 A A skilled profession. C A good work ethic.
 B An established family. D A sympathetic nature.
- What surprised the writer about the crowds?
 A Their behaviour. C Their aristocratic roots.
 B Their sheer numbers. D Their fast pace.
- What was the writer's attitude towards Gitelson?
 A He had grown sick of him.
 B He realised he was a coward.
 C He felt betrayed by him.
 D He became threatened by him.

E You will hear an interview with a woman who lives in an eco village. For questions 1-10, complete the sentences.



Eco Village

Members of an intentional community have in common the same **1**.

Members of Kay's community are of different ages and come from diverse **2**.

Members of Kay's eco village strive to maintain a(n) **3** lifestyle.

Kay gives the example of **4** as one of the activities that the whole community is involved in.

Members in Kay's community either work in a business or offer a **5** to the community.

Houses that have no negative effect on the environment are called **6**.

Members of Kay's community gather together at a central **7**.

In Kay's eco village children get an education by attending **8**.

Besides tours, Kay's eco village offers a variety of **9** to visitors.

People interested in becoming a member in Kay's eco village must become a **10** for six months first.

Speaking

F Read the dialogue and fill in the missing phrases.

- Yes, I did.
- Just this one suitcase.
- Would you like a window or aisle seat?
- Please go to gate 31A at 2:15.
- No, nothing at all.

A: Hello. How many pieces of luggage will you be checking in?

B: **1)**

A: Did you pack your luggage yourself?

B: **2)**

A: Have you packed any prohibited items in your hand luggage?

B: **3)**

A: OK. **4)**

B: Aisle, please.

A: Alright, here is your boarding card. **5)**
..... . Enjoy your flight.

B: OK. Thank you very much.

Writing

G Read the rubric, match the viewpoints to the reasons/examples and write an essay (120-180 words). Remember to include:

- a short introduction
- viewpoints & examples
- a summary that expresses your opinion.

A student newspaper is asking for opinions on the following issue: "What are the pros and cons of living in student accommodation?" Write a for-and-against essay discussing this proposal (120-180 words).

Viewpoints

- 1** Expensive
- 2** Convenient
- 3** Limited space

Reasons/Examples

- a** Rooms are small, and communal areas must be shared with many people.
- b** Student halls can cost more than renting a flat.
- c** Student halls are often located on campus.

Vocabulary

A Choose the correct word.

- 1 Her diamond ring in the sunlight.
A beamed C glittered
B flashed D showed
- 2 He stopped exercising to wipe the off his forehead.
A moisture B sweat C steam D water
- 3 Damaged fruit will quickly.
A spoil B decay C waste D harm
- 4 He is a trickster and knows how to people.
A capture C operate
B manipulate D work
- 5 The toddler was a eater and refused to try new food.
A fussy C careful
B tireless D skeptical
- 6 She has such a hectic lifestyle that it away all her energy.
A drains B drags C pulls D pours
- 7 Helen refuses to eat fish; it must be cooked.
A marinated C spiced
B raw D natural
- 8 The medieval sport of jousting is recently a comeback.
A taking B having C making D doing
- 9 She the tomato sauce with a wooden spoon.
A swirled B stirred C circulated D spun
- 10 He peeled back the wrapper and into a huge bar of chocolate.
A inserted C tucked
B wrapped D emerged

B Circle the correct word.

- 1 Rotten cheese makes my stomach **flick / churn**.
- 2 The idea of time travel sounds **forced / far-fetched** but it may become a possibility some day.
- 3 In Medieval times jousting would **risk / threaten** life and limb to win a tournament.
- 4 He went alligator hunting and used **nasty / rotten** meat as bait.
- 5 Andy often has **mashed / scrambled** eggs for breakfast.

Grammar

C Choose the correct item.

- 1 Mandy her friends for dinner at eight o'clock tonight.
A will have met C is meeting
B will have been meeting D meets
- 2 Jack hopes he a famous inventor one day.
A will be becoming C will become
B will have become D is becoming
- 3 They've bought tickets and they the science fair.
A are going to visit C are visiting
B will have visited D visit
- 4 This time next Friday they to Mexico in order to attend the sailing competition.
A will be travelling C are travelling
B travel D will travel
- 5 Even though they were covered in chocolate, James was reluctant the insects.
A eating B to eat C eat D eats
- 6 By the end of the month, I at the science centre for four years.
A will have been working C am working
B am going to work D will work
- 7 The Insect Restaurant at 11 pm on weekdays.
A will have been closing C is closing
B will have closed D closes
- 8 In order to avoid yourself while skating, you should wear protective clothing.
A injures C to injure
B injure D injuring
- 9 Let's go to the festival at 6 pm; I work by then.
A will have been finishing C am finishing
B will have finished D finish
- 10 He can't in the skiing tournament next week because he's sprained his ankle.
A competing C compete
B competes D to compete
- 11 Watch out! Those rocks on you!
A will fall C are falling
B are going to fall D will be falling

Reading

D Read the text. For questions 1-15, choose from the delicacies (A-D).

Which delicacy ...

is thought to contain health benefits? 1

takes a long time to prepare? 2 3

is occasionally eaten whole? 4

is harvested in an elevated place? 5

could be fatal if not eaten correctly? 6 7

consists of an animal's fluids? 8 9

is processed underground? 10

is a highly dangerous substance? 11 12

has a strong smell? 13

is incredibly expensive? 14

is guaranteed to be fresh? 15

Extreme Delicacies



A While bird's nests may not sound appetising to you, they are actually the main ingredient of Bird's Nest Soup! Known as the 'Caviar of the East', this soup is a rare delicacy in China and parts of South East Asia. The special nests used for the soup belong to a species of bird which builds them using their own saliva. They are typically found on steep coastal cliffs, making them extremely difficult to obtain. Moreover, once collected, each tiny nest must be cleaned by hand; a process that takes many hours. The result of this labour is a bowl of soup that can cost as much as £65, making Bird's Nest Soup one of the priciest foods in the world!



B Have you ever tried eating octopus? Chances are, you have. However, how about eating it while it is wriggling around on your plate? Although it may seem rather off-putting, eating live octopus is a common practice in South Korea. Traditionally, the octopus is sliced just before serving so that it continues to wriggle about and even sticks to the roof of your mouth as you chew it! What's more, some people even go so far as to swallow the entire octopus in one go! Be warned though: this method is extremely dangerous and has resulted in many people choking on their meal as the octopus clings to the inside of their throat! Gulp!



C Among all the predators in the world, snakes are known to be one of the deadliest. A single snake bite could lead to nausea, paralysis and even death. However, in Taiwan, a little snake venom is said to be good for the skin! The locals here like to drink the lethal liquid, and are even known to mix it with a drop of snake's blood! Luckily, since snake venom is only harmful when it enters the bloodstream, it has little effect when swallowed. In fact, even the deadliest venom can be safely consumed without causing any harm!



D For most people, dining on rotten meat is not their idea of gourmet cuisine. However, in Iceland, it is a delicacy! Fermented shark, or hákarl, is made from the deadly Greenland shark, a species that is poisonous when fresh. As such, the locals bury the meat in the sand for several months until the poison decomposes, making it safe to eat. The result is a pungent piece of rotten fish that is so strong it burns the eyes and nose as you chew it! It is an acquired taste that is not for the faint-hearted! Indeed, Anthony Bourdain, a famous celebrity chef, described hákarl as "the single worst, most disgusting and terrible tasting thing" he has ever eaten!

Listening

E You will hear an interview with a wild cat trainer. For questions 1-7, choose the correct answer A, B or C.



- 1 What is Derrick's long term goal at his cat ranch?
 A to release the cats from captivity
 B to protect the cats in nature reserves
 C to educate the public about the cats
- 2 What was the purpose of a chair in lion taming?
 A to frighten the lion
 B to protect the trainer
 C to distract the lion
- 3 According to Derrick, the most important aspect of successful training is
 A the relationship between the cat and the trainer.
 B positive reinforcement of the cats behaviour.
 C the type of rewards given.
- 4 What is the job of the back-up trainer?
 A to assist the trainer with the animals
 B to handle the show apart from the animals
 C to stand in when the trainer is sick
- 5 What is the main reason that Derrick prefers working with tigers?
 A because of their stable nature
 B because they are playful
 C because they are fast learners
- 6 Derrick describes lions as
 A cooperative.
 B unpredictable.
 C playful.
- 7 How does Derrick react to the idea of wild animals as pets?
 A He suggests a way to help wild animals.
 B He explains the dangers of owning wild animals.
 C He explains how to care for wild animals.

Speaking

F Choose the correct response.

- 1 A: Oh, come on, it'll be fun!
 B: a OK, why not?
 b I don't think so, why?
- 2 A: How about going to a frog jumping contest?
 B: a I know, it sounds crazy!
 b What on Earth is that?
- 3 A: Last year the winner ate 32 pies!
 B: a What? That's unbelievable!
 b Let me think about that.
- 4 A: Are you doing anything this Sunday?
 B: a I'll speak to you then.
 b Hmm ... I'm not sure yet.
- 5 A: It's a comedy festival.
 B: a So, what's it all about?
 b I'm not sure about that.

Writing

G Read the rubric, match the viewpoints to the reasons/examples and write an essay (120-180 words). Remember to include:

- state topic/opinion • viewpoints
- opposite viewpoints • restate opinion

You have had a class discussion about the following statement: "Should violent video games be banned?" Now your teacher has asked you to write an essay giving your opinion.

Viewpoints

- 1 Builds teamwork skills.
- 2 Not appropriate for children.
- 3 Affects academic performance.

Reasons/Examples

- a Exposure to violence and gore can be disturbing for youngsters.
- b Children who play violent video games often achieve lower grades at school.
- c Multiplayer games encourage players to interact with and help each other.

Vocabulary

A Choose the correct word.

- Carol suffers from and takes medication for the pain in her head.
A nosebleeds C migraines
B blisters D ulcers
- Don't go near to the volcano or you'll be in dangerous waters.
A marching C hiking
B treading D pacing
- Poor Paula, she has and hasn't slept in days.
A tension C anxiety
B depression D insomnia
- The bright sign really my eye.
A caught C held
B grabbed D hooked
- This ointment will really help your wound fast.
A recover C heal
B cure D relieve
- After the accident she was seeing a(n) to help her walk again.
A optician C pharmacist
B physiotherapist D nutritionist
- I have a headache that just won't go away!
A bubbling C splitting
B sizzling D speeding
- We could hear of laughter coming from inside the classroom.
A sniggers C chuckles
B chants D roars
- exercise just three times a week helps reduce stress significantly.
A Widespread C Moderate
B Balanced D Limited

B Circle the correct word.

- She managed to **kick** / **bang** the habit of smoking.
- Try exercising to **rise** / **boost** your energy.
- Running a 20 kilometre marathon is no **stroll** / **walk** in the park.
- After the yoga class I felt **replaced** / **refreshed**.
- When Tom heard the joke, he **chuckled** / **grinned** quietly to himself.

Grammar

C Choose the correct item.

- You take notes during the presentation. It isn't necessary.
A shouldn't C don't have to
B can't D mustn't
- You take your medication twice a day.
A ought to C need
B might D would
- You enter the laboratory. It is forbidden.
A mustn't C needn't
B shouldn't D couldn't
- I give you a hand with the preparations?
A Will C Would
B Shall D Might
- Tina have forgotten about the meeting. Give her a call.
A ought to C would
B may D can
- Ted have gone to work last week. He was on holiday.
A mustn't C couldn't
B wasn't able D needn't
- The hypnotist to put her under hypnosis.
A couldn't C wasn't able
B needn't D wouldn't
- I borrow your dictionary?
A Can C Ought
B Must D Shall

D Choose the correct word.

- Peter **had better/is supposed to** make a speech at the conference on Friday.
- Mary **had better/is likely to** cut down on sweets or she won't lose weight.
- You **are to/are likely to** apply the ointment to the affected area twice a day.
- Laughter yoga class **is bound to/had better** make you smile.
- Why don't/Would** we spend the day at the spa?

Reading

E Read the text. Seven sentences have been removed from the article. Choose from the sentences (A-H) the one that fits each gap (1-7). There is one extra sentence.



Fire DRAGON Therapy

In China, there is one kind of therapy that is bound to leave you feeling all warm and fuzzy inside. However, some may say that it is too hot to handle! Would you dare to be set aflame with fire dragon therapy?

Originally developed in Tibet, fire dragon therapy aims to stimulate the flow of energy, or *qi*, in a person's body. In China, *qi* is believed to be the life force of all living things, which becomes blocked when a person is sick. **1**

Fire dragon therapy is one such method that corrects the flow of *qi*. **2** It can also aid weight loss and improve the condition of the skin.

Prior to the therapy, each patient is given a full-body examination during which the specialist determines which areas require healing. **3** Finally, several wet towels are placed on the patient in order to prevent severe burns during the treatment.

Once a patient has been prepared, they are told to relax and be fearless, which is quite necessary in light of what comes next! **4** At first, patients simply feel a warm sensation; however, the fire is left to burn until it becomes unbearable. This heat is said to encourage blood flow, which in turn helps the body to expel any harmful toxins that lead to ill health.

The moment a patient reports that they can take the heat no more, the flames are extinguished using a wet towel and the area is massaged with oil. Many people consider this the most painful part of the treatment, as the massage must be intense in order to drive the toxins out of the body. This procedure is repeated several times and then the patient is allowed to rest. **5**

A visit to a fire therapist will cost a mere 100 Yuan (£10) for a single session. **6** These usually take place once or twice a week, and can be applied to any part of the body, including the back, stomach, legs and even the head!

Although it may seem rather dangerous, many patients swear by the effectiveness of this kind of therapy. **7** So what do you think? Would you like to spice up your life with a little fire, or does the idea of it make you break out in a sweat?

- A Then, the towel atop their flesh is promptly set on fire!
- B However, a series of treatments is recommended for long-term benefits.
- C It is used for a variety of ailments, such as stress, insomnia and general aches and pains.
- D During the procedure, patients drink hot water in order to stay hydrated.
- E As such, traditional Chinese medicine helps to redress the flow of energy and restore balance in the body.
- F Once they have been pinpointed, those regions are covered with herbs and then bound in plastic wrap.
- G They believe that fire is a natural healer which also helps to purify the body.
- H Afterwards, people report feeling relaxed and pain-free, which is surprising since they have just been ignited!

Listening

F You will hear five different people talking about stress. For questions 1-5, choose from the list A-F their reasons for being stressed out. There is one extra letter which you do not need to use.

- A getting bullied
- B upcoming exams
- C a medical problem
- D conflict in the workplace
- E struggling with finances
- F being over-scheduled

Speaker 1	
Speaker 2	
Speaker 3	
Speaker 4	
Speaker 5	

G Look at the questions. Then listen to an instructor in a fitness class.

- 1 What are the students asked to do at the start of each class?
 - A warm-up by dancing
 - B register their attendance
 - C do some stretching on their own
 - D drink plenty of water
- 2 What does the instructor advise students to do during the class?
 - A exercise at a comfortable pace
 - B avoid taking unnecessary breaks
 - C pay close attention to the dance steps
 - D feel and move to the music
- 3 What information does the instructor hand out?
 - A a description of the dance steps
 - B a class time schedule
 - C nutrition guidelines
 - D tips to lose weight
- 4 What does the instructor believe is the biggest attraction of the class?
 - A the easy dance steps
 - B the total body workout
 - C the atmosphere
 - D the lively music
- 5 What does the speaker mean when she says: ⚡
 - A Classes are very fast-paced.
 - B Classes seem to pass quickly.
 - C Classes will leave you energised.
 - D Classes are extremely short.

Speaking

H Choose the correct response.

- 1 A: Are you alright? You look a bit pale.
B: a I feel terrible actually.
b That must be awful.
- 2 A: What's the matter?
B: a I think you could have the flu.
b I feel really nauseous.
- 3 A: It sounds like you may have a migraine.
B: a When did it come on?
b You might be right.
- 4 A: If I were you, I'd take a painkiller.
B: a I think I'll do that.
b Oh no! You poor thing!
- 5 A: I have a bloated stomach.
B: a Well ... no, not really.
b I really hope you feel better soon.

Writing

I Read the rubric, match the problems to the solutions and write a report making suggestions (120-180 words). Remember to:

- state purpose
- discuss each point
- summarise main points/give opinion

Your school has recently received a sum of money for improvements to the school library to make it a better learning environment. The principal has asked you to write a report making some suggestions.

Viewpoints

- 1 limited space for ICT class
- 2 décor outdated and unattractive
- 3 lack of modern books and PCs

Reasons/Examples

- a ask for donations of books and purchase new computers
- b expand the computer lab so that an entire class can fit inside it comfortably
- c paint the library in bright colours and decorate with posters

Vocabulary

A Choose the correct word.

- The spotlight was placed so as to the statue from above.
A elaborate C decorate
B illuminate D lighten
- The jockey's career was given a when he won the Royal Ascot.
A jump B boost C rise D lift
- The fish as Ross held it in his hands.
A squirmed C swung
B twisted D twirled
- I found the situation so funny that I couldn't a straight face!
A hold B put C take D keep
- Ken made the decision to leave Canada on a(n)
A desire B whim C purpose D idea
- Jeff hopes his company will internationally.
A enlarge B increase C expand D develop
- It was difficult to the model because it consisted of so many pieces.
A assemble B collect C stack D place
- Jessie buys tabloids newspapers in order to catch up on celebrity
A talk B gossip C chat D speech
- I was amazed by the acrobats who seemed to be able to gravity!
A control B master C defy D escape
- The recent celebrity scandal quite a stir.
A brought C provoked
B made D caused

B Circle the correct word.

- Tightrope walking is not a job for the **free-spirited** / **faint-hearted**!
- It is said that happiness is the key to **fortune** / **success**.
- The jockey competed in the **prestigious** / **notorious** Royal Ascot race.
- I don't think Matthew **holds** / **stands** a chance of winning the tournament.
- The charity provides poor children with a **heavy** / **hearty** meal.

Grammar

C Choose the correct item.

- If we had gone to the festival, we ice sculptures.
A would see C had seen
B would have seen D saw
- The actors after the audition last week.
A will be hired C were hired
B are hired D have been hired
- If I hadn't broken my leg, I to the circus tonight.
A go C had gone
B will go D would go
- The performers introduced to the crowd.
A ourselves C themselves
B itself D himself
- This art gallery by thousands of tourists each year.
A was visited C has been visited
B is visited D is being visited
- If Sue raises the money, she free art classes at the community centre.
A will offer C has offered
B would offer D offers
- I'd rather we to the festival tomorrow; it's raining today.
A go B went C will go D would go
- Concert tickets at the box office until this Friday.
A will be sold C are sold
B was sold D were being sold
- If I were you, I the art exhibition next Friday.
A won't miss C wouldn't have missed
B don't miss D wouldn't miss
- When people buy Jim's paintings, the money to a children's art centre.
A went B goes C would go D had gone
- He to be the best acrobat in the world in his time.
A is considered C was considering
B will be considered D was considered
- Jenny wishes she to the circus yesterday.
A would have gone C had gone
B went D would go

Reading

D Read the article about a festival. Match the paragraph (1-6) with the correct headings (A-H). Two headings do not match.

- A ROWING TO VICTORY
- B CUSTOMS FOR WELL-BEING
- C FESTIVE SNACKS
- D TRADITIONAL DECORATIONS

- E SUMMERTIME ENTERTAINMENT
- F GLOBAL CELEBRATIONS
- G PREPARATIONS FOR THE EVENT
- H A LEGENDARY FIGURE

The DRAGON Race



1 There are few festivals as dramatic and charming as the Dragon Boat Festival in China. The fun-filled event involves the racing of colourful boats in rivers across the country. As the Chinese calendar is based on the cycle of the moon, the festival can fall at any time from May until July. However, it tends to take place in June at the peak of the Chinese summer; an ideal time of year for water sports!

2 The purpose of the festival is to commemorate the Chinese minister Qu Yuan who served in the Emperor's court around 300 BC. He was respected for his loyalty to his country when he provided sound advice to the Emperor in difficult times. He was also a famous poet whose work continues to be read throughout China today. However, his life was cut short when he tragically drowned in the Miluo River in 278 BC.

3 After receiving news of his death, the local fishermen raced to retrieve Qu Yuan's body, but it was never found. This act thereby gave birth to the ritual of the dragon boat race. The race involves several teams of people aboard long, narrow boats. These boats are brightly-coloured and feature a dragon's head at the front. Participants row to the beat of a drum towards the finishing line, where the first team to retrieve a flag is declared the winner.

4 In addition to the race, the festival is also known for a special kind of dumpling called zongzi. This small, triangular-shaped dumpling is filled with sticky rice and then cooked in bamboo leaves. Different regions have their own variations of the dumpling; some use sweet fillings while others prefer meat or seafood. Either way, the result is a fragrant and tasty treat loved by adults and children alike!

5 As well as being a time of remembrance, the Dragon Boat Festival is also a celebration of health and longevity. As such, people clean their homes and climb mountains in search of herbs. These special leaves are then hung on their door frames in order to prevent disease. In addition, many people consume a drink made from realgar, a mineral thought to contain healing properties.

6 Although the Dragon Boat Festival originated in China, its significance as a celebration of health has caught on in all parts of the world! Each country has different ways of celebrating the event, such as kite-flying in Japan and washing their hair in flower-scented water in Korea. However, while their customs may vary, the festival as a symbol of national pride remains universal, drawing millions of people together year after year.

Listening

- E**  You will hear people talking in eight different situations. For questions 1-8, choose the best answer, A, B or C.
- You hear a man talking on the radio. Why did he decide to become an artist?
 - He was inspired by his surroundings.
 - It was a lifelong ambition.
 - He wanted to make money.
 - You hear a young woman talking. What does she work as?
 - a ringmaster
 - a talent scout
 - a tight rope walker
 - You hear a teacher talking to his students about an artist. How does the artist feel about his work?
 - He feels it is too time-consuming.
 - He wishes that his sculptures would last longer.
 - He embraces the temporary nature of his work.
 - You hear a woman talking to a ticket office. Why has she phoned the office?
 - to purchase some tickets
 - to cancel a booking
 - to reserve some tickets
 - You hear part of a news broadcast about a live event. Where is the reporter?
 - At an arts festival
 - At a sporting event
 - At a film premier
 - You hear a woman being interviewed on the radio. Who motivated her to start the charity?
 - members of the community
 - colleagues at work
 - a member of the family
 - You hear a young man talking about life as a performer. How does he feel while he is performing?

A nervous B calm C excited
 - You hear part of a documentary about holography. What is the narrator describing?
 - the way in which holography works
 - the pros and cons of holographic technology
 - the various applications for holography

Speaking

- F** Choose the correct response.
- A: This handbag matches the dress perfectly.
B: a So it does.
b It really suits you.
 - A: Do you like this one?
B: a Thanks, I'll get it.
b Yes, that's really nice.
 - A: What's the dress code?
B: a It's strictly formal.
b It's a special occasion.
 - A: How about a cocktail dress?
B: a Sure, I'd love to.
b That's what I was thinking.
 - A: How about this one, then?
B: a You look nice today.
b I'll go and try it.

Writing

- G** Read the rubric and write your review (120-180 words) using the information in the poster. Remember to include:

- background information (when, where, how often)
- description of festival (events/activities)
- your opinion/recommendation

A magazine is asking for an art festival review. Write your review for the magazine, giving your recommendations.

Galway Arts Festival

Since 1978

Don't miss Ireland's largest annual art festival in July!

What's there to see:

- art exhibitions from Ireland and the world
- parades & street performances
- world class theatre & comedy shows
- Concerts by famous Irish and international musicians

PEOPLE FROM AROUND THE WORLD GATHER FOR THIS TWO WEEK ART EXTRAVAGANZA!

Vocabulary

A Choose the correct word.

- yourself a target in order to succeed.
A Make B Place C Set D Put
- There were many materials in her grandfather's garage.
A scrap B waste C trash D rubbish
- The Russians their first satellite in 1957.
A revolutionised C pioneered
B led D launched
- She had to get medical for her skin rash.
A application C operation
B treatment D development
- The Titanic into an iceberg and sank.
A shattered B broke C collapsed D crashed
- Brian is a very person; he strives to succeed.
A open-minded C ambitious
B optimistic D courageous
- Thomas Edison to the invention of many modern-day electrical items.
A donated C supplied
B contributed D provided
- Without a map, it is hard to around the city.
A observe C estimate
B calculate D navigate
- Modern-day clocks are designed to tell the time as as possible.
A exactly C precisely
B accurately D correctly
- The sailors were able to their exact location on the map.
A pinpoint B detect C define D notice

B Circle the correct word.

- If you work hard, you will be able to **manage** / **reach** your goals.
- The thought of failure never **crossed** / **passed** the inventor's mind.
- That river has a very **heavy** / **strong** current.
- Plumbers, mechanics and electricians are **identified** / **classified** as skilled workers.
- If you **embrace** / **welcome** your fears, you will become a stronger person.

Grammar

C Choose the correct item.

- Peter his hair cut later.
A has C was having
B is having D had
- The teacher that we could only submit one entry for the science fair.
A offered C told
B reminded D explained
- There is time left to complete our science projects.
A any B little C few D hardly
- The company their product tested so now it is ready to be sold.
A will have B is having C has had D has
- There aren't seats for everybody at the science convention.
A plenty B some C hardly D enough
- Jess said that she would go diving
A tomorrow C next week
B the following day D today
- There are strong competitors for the science prize this year.
A much B plenty C a lot D several
- Lucy has to help me with the experiment.
A promised C apologised
B denied D suggested

D Rewrite the sentences in reported speech.

- "Sam is studying to be a doctor," Max said.
.....
- "We will soon have enough money to buy new equipment," the scientist told us.
.....
- "Can you show me your invention, please?" he asked her.
.....
- "I'm going to the planetarium next week," Cathy told me.
.....
- "I went to the museum last week," he said.
.....

Reading

E You are going to read an article about unusual museums. For questions 1-15, choose from the museums (A-D). The museums may be chosen more than once.

Which museum(s)

- | | | | |
|--------------------------------------------------------|----------------------------|------------------------------------------------------|---------------------------------------------------------|
| do visitors follow a specific route? | <input type="checkbox"/> 1 | has exhibits that show events throughout history? | <input type="checkbox"/> 8 |
| has an unusual entrance policy? | <input type="checkbox"/> 2 | can visitors provide feedback about the exhibits? | <input type="checkbox"/> 9 |
| can visitors experience a natural disaster? | <input type="checkbox"/> 3 | has exhibits designed for a specific purpose? | <input type="checkbox"/> 10 |
| do visitors learn about what's happening in the world? | <input type="checkbox"/> 4 | can visitors pretend to be someone on TV? | <input type="checkbox"/> 11 |
| shows a particular period in time? | <input type="checkbox"/> 5 | is interactive? | <input type="checkbox"/> 12 <input type="checkbox"/> 13 |
| claims to improve its visitors' health? | <input type="checkbox"/> 6 | claims to be the only one of its kind? | <input type="checkbox"/> 14 |
| requires a specific skill in order to visit it? | <input type="checkbox"/> 7 | has created a memorial to a certain group of people? | <input type="checkbox"/> 15 |

Not Your Average Museum

A The Harlekinaum



Humour is not something we would normally associate with museums. In fact, most museums are rather quiet and serious places. One exception is the Harlekinaum museum in Wiesbaden, Germany where every exhibit is designed with the sole intention to make visitors laugh. The museum maintains it is the only one devoted to laughter in the world, saying that laughter is good for you as it reduces stress. Exhibits range from silly gadgets to bizarre upside-down rooms. Guided tours are conducted by clowns dressed up as doctors. Once inside, visitors are required to wear furry animal slippers throughout their visit and pay to leave the museum instead of upon entry. A visit to this museum is sure to leave you giggling.

B Newseum



Every day around the world millions of people read, watch and listen to the news. So, is it any surprise that there is a museum dedicated to news? Newseum in Washington, DC is a high-tech museum that traces the history of journalism. At the entrance visitors can read enlarged front pages from over 80 international newspapers, updated daily. Once inside they can access electronic databases of news reporting of important historical events over five centuries. At the museum's newsroom visitors can step in front of the camera and become a news reporter. Guests can also learn about famous journalists and visit a tribute to journalists who have died pursuing the news. Whether it's news in the past or present, Newseum has got it covered.

C The Tech



These days most museums are using high-technology to make their exhibits more interesting. At the Tech Museum of Innovation, or better known as The Tech, in California, USA the exhibits feature the latest in high-technology from gadgets to innovations in computer science. Although the museum attracts a lot of high-tech professionals, it is intended for all ages and backgrounds. The Tech offers its visitors a hands-on experience with the Test Zone gallery. Here visitors can test new technologies and let developers know what they think of them. At the popular earthquake simulator visitors can feel what earthquakes are like at different intensities. Want to design a micro-chip or control your own robot? At The Tech technology is at your fingertips.

D Caesarea Martima



Deep in the waters along the East Mediterranean coast, divers swim amongst the ruins of a once glorious harbour. This is no ordinary diving exhibition though, but a trip to a museum. The museum is the sunken port of the ancient city of Caesarea Martima built in 25-13 BC. Experts believe the port was sunk after an earthquake hit the area. Today trained divers float from one exhibit to another on a selected trail following a waterproof map which describes in detail the sites along the way. The museum at Caesarea was the first underwater museum in the world when it opened in 2006. Since then, divers visiting the museum have had the chance to learn about and see up close one of the wonders of the Roman Empire.

Listening

F You will hear an interview with a man called Alex Dirkham who created an educational programme. For questions 1-7 choose the best answer, A, B or C.



- 1 What motivated Alex to develop his Young Inventors Programme?
 - A poor attendance at a school science fair.
 - B his own child's lack of interest in science.
 - C complaints by parents about the science curriculum.
- 2 How does Alex criticise school science programmes in the past?
 - A They weren't challenging.
 - B They were boring.
 - C They lacked problem solving.
- 3 What is a unique feature of Alex's programme?
 - A the way problems are solved.
 - B the specialised instruction.
 - C the simplicity of the experiments.
- 4 What is the role of the teacher in Alex's programme?
 - A to give students ideas and offer solutions.
 - B to ensure students do not make mistakes.
 - C to guide the students through the lesson.
- 5 What does Alex say about failure?
 - A It's disheartening for students.
 - B It's a good teaching tool.
 - C It can lead to new discoveries.
- 6 What is the purpose of Alex's camps?
 - A to inspire scientific enquiry.
 - B to prepare students for exams.
 - C to develop talent in the field of science.
- 7 What does Alex think the kids like about his programme?
 - A they get to work in groups.
 - B they can exercise their creativity.
 - C they learn about interesting topics.

Speaking

G Complete the dialogue with the correct phrases.

- It says here that there is also an exhibit dedicated to fashion.
- They're only £9.
- Well, I guess it might be fun.
- I'm not that interested in architecture.
- Oh, come on!
- What's so special about it?

A: Hey, Kate, look at this advert for the Design Museum in London. It sounds great! Why don't we go next weekend?

B: 1)

A: Well, you can see creative designs for future buildings and products.

B: Hmm ... I'll have to think about it, Ryan.

2)

A: You're joking! I find it fascinating.

3)

B: Really? That sounds interesting.

A: 4) I bet you'll enjoy it when we get there.

B: 5) How much are the tickets?

A: 6)

B: That's not too bad. OK then; you've convinced me! Let's go next weekend.

Writing

H Read the rubric, expand the prompts and write a story (120-180 words). Remember to include:

- who the main characters were, where/when the story took place & what the weather was like
- a description of the events
- an ending describing your feelings

Your teacher has asked you to write a story for the school's English language magazine. It must begin with the following sentence: *"I had been looking forward to the adventure all week."*

- my friend and I
- rock climbing
- nice weather
- climb half-way up mountain
- hear thunder
- start raining
- find shelter in cave
- feel relieved

Vocabulary

A Choose the correct word.

- The river is by chemicals from the local factory.
A ruined C infested
B polluted D invaded
- The dolphin effortlessly through the water.
A floated B dragged C glided D drifted
- She has dry skin from washing dishes everyday.
A grimy B cracked C filthy D dirty
- The ship with another ship at sea and sunk.
A crashed B smashed C collided D hit
- He wrote very descriptions of his experiences in the war.
A energetic B vivid C bright D vibrant
- All the support from her friends was very to see.
A heartening C transforming
B tempting D exhilarating
- Many soldiers died in in WWII.
A attack B fight C protest D battle
- The pressure when the head chef quit the day of the dinner party.
A enlarged C engrossed
B intensified D strengthened
- She picked up the newspaper and through it.
A glanced B glimpsed C stared D gazed
- He inspiration for his painting from the natural beauty of the local scenery.
A pulled B drew C dragged D designed

B Circle the correct word.

- During WWII the **role** / **part** of men was taken over by women.
- The museum tour really gave me a **taste** / **flavour** of the past.
- She **takes** / **carries** pride in her work and does an excellent job.
- A police **barrier** / **obstacle** stopped protesters from entering the building.
- Residents **abandoned** / **rejected** their homes as the hurricane approached.

Grammar

C Choose the correct item.

- had the boat left the harbour than the engine stopped working.
A Little C Only after
B Seldom D No sooner
- Take a map of the city with you you get lost.
A so that C in case
B because D due to
- The ruins, they discovered, are over 5,000 years old.
A which C when
B who D where
- We went on the city tour it was raining.
A in spite of C whereas
B however D even though
- we arrived at the ancient temple the last tour had already left.
A As soon as C By the time
B Just as D After
- had Kevin visited the Paris catacombs.
A Barely C Never before
B Hardly ever D In no way
- The people work at the museum are all leading experts in English history.
A whom C where
B that D which
- The ship sank a bad storm.
A because C the reason why
B on account of D due to the fact
- Jack has never been deep sea diving and has Sally.
A not only C nor
B neither D not once
- Mandy bought a(n) dress.
A plain, nice, black C black, nice, plain
B nice, black, plain D nice, plain, black
- It was boring film that I nearly fell asleep.
A such C such a
B so D so much

Reading

- D** Read the article. For questions 1-8, choose the answer A, B, C, or D.
- What is a distinguished feature in the area surrounding Yonaguni?
 - The spectacular scenery.
 - The marine animals.
 - The pleasant climate.
 - The tropical reefs.
 - The writer uses the phrase "this is no ordinary rock" (line 12) because the monument
 - is exceptionally large.
 - is very attractive.
 - is made of a rare stone.
 - is unusually shaped.
 - What initially motivated the writer to visit the monument?
 - Various reports on the site.
 - An interest in geology.
 - His passion for diving.
 - His curious nature.
 - What surprised the writer about the monument?
 - Its proximity to the surface.
 - Its overwhelming size.
 - Its organised layout.
 - Its resemblance to another place.
 - The word 'they' (line 32) refers to
 - roads
 - columns
 - edges
 - stones
 - What was the writer's impression of the statue?
 - It had been expertly carved.
 - It had distinguished features.
 - It didn't look man-made.
 - It looked rather odd.
 - What feature of the sharks did the writer find unusual?
 - The way they swam
 - Their passiveness.
 - Their poor vision.
 - The shape of their faces.
 - How does the writer feel upon returning to the surface?

<ol style="list-style-type: none"> Puzzled. Inspired. 	<ol style="list-style-type: none"> Indifferent. Satisfied.
-------------------------------------------------------------------------------	------------------------------------------------------------------------------------

The Japanese Atlantis

I inhaled deeply, the cool sea air filled my lungs and breezed through my hair. Together with three other travellers, I was on a boat at the edge of the East China Sea. The sub-tropical region, situated off the picturesque coast of Yonaguni Island, was renowned among divers for the sharks that frequented the area. However, I hadn't flown 6,000 km just to see sharks. I was here for a different kind of adventure.

Nestled among the vibrant coral reefs and colourful fish is a structure that has fascinated scholars since its discovery in the late 1980s. Known as the Yonaguni Monument, it is a massive sandstone formation some 150m wide and almost 30m tall. However, this is no ordinary rock. With its pyramid-like structure composed of a series of steps, it looks more like an incredible feat of architecture.

Prior to my departure, I had read countless articles about the monument. These are what had sparked my interest in the first place. Some people were convinced that it was man-made, while others held that it was a natural formation. Being no expert, I wasn't sure what to believe. However, I was looking forward to finding out for myself.

As I plunged into the aquamarine water I was immediately taken aback by the sheer magnitude of the structure. It stretched far beyond my vision, but was clearly distinguishable: a monolithic rock with steps and enclosures that resembled a town plan. It was easy to see why it had been compared to the legendary lost city of Atlantis which is said to have been submerged beneath the sea.

I descended deeper towards the seabed where I found what seemed to be a cobblestone road encircling the monument. There were also matching rectangular columns; 6m tall with perfectly square edges that seemed far from natural. However, upon closer inspection, I discovered that they weren't as even as I originally thought.

Beyond this, I found a massive boulder which one scholar claimed was a statue of a man's head. Squinting, I could barely make out any features let alone a face. It seemed rather crudely carved and was at odds with the precision found in the rest of the site. I was left with the impression that it hadn't been sculpted at all.

I continued to explore the monument and as I did, several hammerhead sharks crossed my path. I watched in wonder as they floated past me, somewhat oblivious to my presence. With their peculiar T-shaped noses, they were surely one of nature's great oddities. And this reminded me: Mother Nature was capable of creating so many awe-inspiring and magical things. Could the Yonaguni Monument be one of them?

While pondering this, a fellow diver startled me by tapping me on the shoulder. She pointed upwards, indicating that it was time to go. As we surfaced, I was in awe from all that I had seen. At this point, my diving companion turned to me. "So what do you think?" She grinned. I paused to collect my thoughts. After a brief moment, I finally spoke. "I think the world is full of mysteries," I replied with a smile.

E You will hear an interview with the director of a museum. For questions 1-10, complete the sentences.



John works as the **1** of Black Country Living Museum.

Dudley was the world's first **2** landscape.

Throughout the museum, visitors will encounter staff wearing **3** clothes.

At the cinema, visitors can watch **4**.

The museum collection contains literature, **5** and vehicles.

Besides the tram, visitors are encouraged to explore the **6**.

John gives the example of **7** as toys that can be made at the workshop.

The Young Inventor workshops are only available for **8**.

John suggests visiting their **9** for further information about courses.

John invites listeners to give **10** to the museum.

Speaking

F Choose the correct response.

- 1 A: The tour guide was really funny.
B: a Yes, it was quite an experience.
b Yes, he brought the history to life.
- 2 A: I really enjoyed the historical enactments.
B: a It was well worth it.
b I feel the same way.
- 3 A: The exhibit is about the Titanic.
B: a Wow, that's interesting.
b I want to buy a souvenir.
- 4 A: I've just thought of something.
B: a So do I!
b What's that?
- 5 A: Why don't we go to the theatre?
B: a What a brilliant idea!
b I really enjoyed that.

Writing

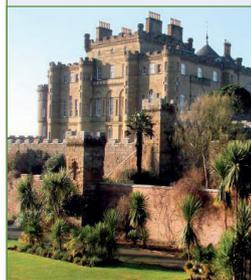
G Read the rubric and write your essay (120-180 words) using the information in the advert. Remember to include:

- the name, location & reason for choosing landmark
- a description of the place, activities & facilities
- why it is historically important
- why you like/recommend it

An international magazine is asking for an essay describing Culzean Castle. Write your essay describing the landmark and say why you would recommend it.

Come to Culzean Castle

*Former home of Lord Kennedy of Scotland
preserved by the Scottish National Trust*



A stunning 15th Century castle situated on the east coast of Scotland.

Amenities include:

- Adventure park and gardens
- Wildlife conservation area
- Traditional restaurant and café

Don't miss the chance to visit one of Scotland's most popular tourist attractions!