

TEST 2a (MODULE 2)

NAME: DATE:
CLASS: MARK: ____/100

(Time: 50 minutes)

Vocabulary and Grammar

A. Fill in: *desperate, distressed, underweight, brittle, examination, infections, guilty, additives, prescription, portions.*

- 1 Consumers are becoming more aware of the dangers of in foods.
- 2 Lack of calcium can cause your bones to become
- 3 Julia had an eating disorder and was severely
- 4 He had to undergo a routine medical when he joined the army.
- 5 The doctor wrote me a for some tablets and cough medicine.
- 6 The restaurant was famous for the huge it served customers.
- 7 Ear can be intensely irritating and very painful.
- 8 The town was in need of food and medical supplies after the earthquake.
- 9 Connie felt after the offensive comments she made about Anna.
- 10 The actress was deeply by the bad reviews of her latest film.

(Points: $\frac{\quad}{10 \times 2}$ 20)

B. Complete the phrases with the following words: *medical, health, mood, body, dairy.*

- | | | |
|------------------|-------------------|---------------|
| 1 benefits | 3 attention | 5 image |
| 2 products | 4 swings | |

(Points: $\frac{\quad}{5 \times 2}$ 10)

C. Fill in: *over, from, with, to, after.*

- | | |
|--|--|
| 1 Ben looks his little sister when his parents go out. | 4 Anita has a brother who suffers heart disease. |
| 2 Cathy came down measles at the weekend. | 5 It took Frank a long time to get the shock of his brother's death. |
| 3 You must tell your doctor if you are allergic certain antibiotics. | |

(Points: $\frac{\quad}{5 \times 2}$ 10)

TEST 2a

D. Change into reported speech using: *forbid, allow, order, suggest, remind, beg.* Begin your sentences with: *He.*

- 1 'Please, please help me,' he said to me.
- 2 'You can go to the party,' he said to me.
- 3 'Don't forget to call Steve,' he said to me.

- 4 'You cannot eat in the classroom,' he said to me.
- 5 'Why don't we go to the cinema?' he asked me.

(Points: _____
5×4 20)

E. Read the text and complete gaps 1-7 with the correct form and tense of the verb in capitals.

With Clenched Teeth

"Mr Reynolds is ready **1)** you now, Mr Lawrence," said the cheerful receptionist. My stomach tightened as I smiled back politely. Although the appointment was only for a check-up, I was afraid that it **2)** as painless as I had hoped. As I got up to follow the receptionist, I visualised my upcoming holiday to try and relax. I thought to myself, "This time next month, I **3)** on a beautiful beach in Spain." Then, regrettably, I came back to reality when I **4)** the receptionist's voice. She led me to the surgery and I sat in the uncomfortable chair, trembling with hidden fear. While I **5)**, I couldn't help but notice all the instruments neatly laid out beside me. Nevertheless, I knew there was no point in **6)** stressed. "Good to see you again," said the dentist. "Let's have a look," he added happily. "Hmm. **7)** (you) of getting your teeth whitened? They're a bit stained, but other than that, they are in perfect condition." I was so happy that I nearly cried. No drills! No injections! No pain! A wave of relief swept over me as I shut my eyes and said, "Sounds great."

SEE

NOT BE

LIE

HEAR

WAIT

GET

THINK

(Points: _____
7×2 14)

TEST 2a

F. Read the text and complete gaps 1-6 with the correct derivative of each word in capitals.

The Benefits of Cooking

While cooking is not very popular with people who have a hectic lifestyle, the benefits of preparing your own meals are **1)** People who are pressed for time often eat out or order takeaway food. However, these choices may also be quite **2)** and the ingredients they contain are typically high in fat, making them extremely **3)** Home-cooked meals, on the other hand, offer many benefits. For one thing, you can control the ingredients and portions. You have a greater **4)** in your diet, which is essential in watching your weight and reducing the risks of a number of diseases. Cooking on a **5)** basis does not have to be a laborious task. All it takes is a bit of planning, organisation and determination. Preparing your own meals might be a challenge, but it is certainly not **6)** The key is experimenting and testing different kinds of food. After a while, you will be able to confidently prepare a wide range of meals and enjoy yourself at the same time.

END

EXPENSE

HEALTH

VARY

DAY

POSSIBLE

(Points: _____)
6×2 12

TEST 2a

G. Read the text. For gaps 1-7, choose A, B, C or D to complete each gap correctly. Circle the answer you choose.

Healthy Living

With more and more people trying to **1)** their weight, the need for dieticians has increased significantly over the past few years. As a dietician, I work with people of all ages. I usually advise them how to maintain healthy eating **2)** The best part of my job is educating people about the importance of good nutrition. I work in a variety of settings, including hospitals and schools, where I develop nutrition programmes and meal plans. I also work with people who have special dietary needs. For example, I create special diets for diabetics and help them **3)** their blood sugar levels. Unfortunately, I often have to deal with teenage girls who have a lack of self-esteem when it comes to their **4)** body image. Many young women believe that they are unattractive or worthless. To make matters worse, they are **5)** to believe that all their weight problems will be solved if they go on low-calorie diets. Some of them come to my office and burst **6)** tears because they want to lose weight even though they are not fat. Of course, the media are said to be partly responsible for the rise in severe eating disorders in recent years because they often offer **7)** information about healthy weight loss. Despite all the difficulties, however, being a dietician is very fulfilling as I help people improve their overall health and quality of life.

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|----------------|----------|-----------|---------------|
| 1 A control | B test | C check | D examine |
| 2 A manners | B ways | C habits | D customs |
| 3 A shrink | B reduce | C weaken | D shorten |
| 4 A ideal | B model | C classic | D perfect |
| 5 A let | B guided | C shown | D led |
| 6 A into | B out | C onto | D of |
| 7 A artificial | B false | C fake | D counterfeit |

(Points: _____)
7×2 14